



**Valley Interfaith Child  
Care Center**  
948 Heather Dr.  
Blacksburg, VA  
March 29-April 2, 2010  
Volume 1, Issue 21

# VICCC Family Newsletter

## Red Room

This week in the Red Room, we will be learning about rabbits. We are going to read books about rabbits, make a bunny out of cotton balls, and color a big rabbit. We will also learn about the letter “R” and the color blue. Hopefully, the sunshine will come out so we can go outside to plant our flowers from last week. Happy Birthday to Carroll who turns 1 this week!

-Ms. Brynn and Ms. Lakara

## Yellow Room

This week in the Yellow Room we will be learning about rabbits. We will be making bunny baskets for your egg hunt on Friday April 2; we will also have many painting projects going on in the room.

Reminder: We would like for boys to wear baby blue and girls to wear baby pink on Friday, April 2, 2010.

-Ms. Natalie

## Blue Room

We will be learning about bunnies and chicks this week in the Blue Room. We will be reading books like “Peekaboo Bunny” and “Bunny Bedtime”, and singing “Peter Cottontail”. We will complete lots of bunny and chick art projects such as a fluffy bunny collage and a handprint chick. We will also work on self help skills: pulling on a hat, working a zipper, and washing our hands. We will decorate eggs and baskets, and on Friday we will have an egg hunt!

-Ms. Christina



Children's art mural

## Green Room

The Green Room kids will continue to learn about spring this week. We will talk about caterpillars, butterflies, bunnies, and other fun springtime animals. We will be coloring eggs and making bunny baskets with our friends from the Yellow and Blue rooms, and on Friday we will have a Bunny Egg Hunt on the playground!

-Ms. Jerin

## Recipe of the Week

### Bunny Snacks

#### What you need:

- Pears (halved)
- Lettuce leaves
- Cottage cheese
- Raisins
- Carrot sticks

#### What you do:

Place half of a pear on a lettuce leaf as the rabbit's body. Use a small scoop of cottage cheese for the tail and raisins for eyes. Place small carrot sticks on the sides of the pear for ears.

A fun and nutritious snack!



## This Week's Menu

### Monday

- B: fruit and grain bar, yogurt
- L: pizza, green beans, apple slices
- S: fig newtons, pineapple

### Tuesday

- B: toast, peaches
- L: chicken tenders, mixed vegetables, bananas
- S: ritz crackers, string cheese

### Wednesday

- B: oatmeal, peaches
- L: meatball sub, steak fries, apple slices
- S: graham crackers, yogurt

### Thursday

- B: cereal, pears
- L: chicken filet sandwich, sweet potato fries, kiwi
- S: pancakes, bananas

### Friday

- B: blueberry muffins, yogurt
- L: sunflower butter & jelly sandwich, cucumbers, watermelon
- S: vanilla wafers, orange slices

## Song of the Week

“I’m a Little Seedling”  
Sung to tune I’m a little teapot

I’m a little seedling  
I love spring  
I need sun and watering  
Put me in soil  
If you please  
When I grow up  
I’ll be a tree

