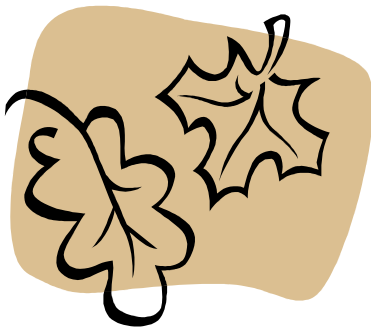


VICCC Family Newsletter

Red Room

This week in the Red Room we would like to welcome Amarii and Samayra to our class. We are proud of Amarii, Michael and Tiara doing so well on table foods!

-Ms. Kimberly & Ms. Brynn



Blue Room

The Blue Room children will continue to learn about fall this week. We will be making wreaths, and painting fall leaves. We are still trying to get recipes together for a classroom cookbook! For those of you who may have forgotten, please send a family recipe or two of your children's favorite dishes.

Thanks so much! Have a great week!!

-Ms. Christina

Yellow Room

This week in the Yellow Room... our lesson plan is on past, so there will be lots of cooking and paining pasta... Yummy! We will have a different recipe to send home with your child daily.

Just a reminder:

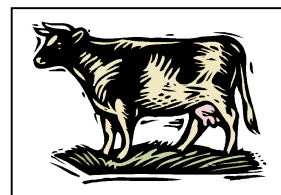
Please remember to bring coats, gloves, and hats. The weather is starting to change and it is very cold outside. Thank you.

-Ms. Natalie

Green Room

Farm animals will be the focus of our curriculum unit, in preparation for petting the farm animals at Sinkland Farms on October 27, 2009. The children will be learning the many different ways that farm animals help us. They will also become aware of the difference between pets and farm animals. The children will also discover the kinds of homes and food that farm animals need to survive.

-Ms. Jerin



Recipe of the Week

Creepy Crawly Night Crawlers

Ingredients

- 12 large firm apples
- ½ cup cherry, strawberry or raspberry jam
- ¼ cup butter
- 12 gummy worms

1. Preheat oven to 350 degrees F.
2. Core the apples, leaving about 1/2in. of core at the bottom.
3. Spoon 1tsp. of butter into each hole. Spoon 1 to 2 tsp. of jam on top of butter.
4. Place apples in a large baking dish, bake for about 35 minutes (until tender but not mushy)
5. Remove apples from oven and allow to cool for about 10 minutes.
6. Insert a gummy worm into the hole of each apple, making sure at least half of its "body" is sticking out.
7. Enjoy!

Reminders to Families

- Please bring a change of clothing appropriate for the colder weather.
- To insure that your children are safe on the playground, we need at least 8 inches of mulch under play equipment. We have had mulch donated to us, but we need volunteers to help spread it. If you have time to help us with this, please see your child's teacher or the director.



Thank You to Our Donors!

Dave Roper donated a box of baby wipes last week. Thank you Dave!

Thank you to everyone who helped clean up the center and organize our library books!

This Week's Menus

Monday

B: biscuits w/ apple butter, mixed fruit
L: ham sub, sweet potato fries, applesauce
S: sun chips, mandarin oranges

Tuesday

B: Kix cereal, bananas
L: tacos, corn, mixed tropical fruit
S: graham crackers, yogurt

Wednesday

B: Cereal bananas
L: cheese biscuits, tomato soup, kiwi
S: pretzels, cottage cheese

Thursday

B: whole wheat toast, tropical fruit
L: veggie lasagna, broccoli, strawberries
S: saltine crackers, string cheese

Friday

B: waffles, orange slices
L: ham salad sandwich, green beans, strawberries
S: graham crackers, yogurt

Song of the Week

Bugs

Sung to tune "Frere Jacques")

Big bugs, small bugs, big bugs, small bugs,
See them crawl, see them crawl.
Creepy, creepy, crawling, never, never falling
Bugs, bugs, bugs. Bugs, bugs, bugs.

Thin bugs, fat bugs, thin bugs, fat bugs
See them crawl, on the wall.
Creepy, creepy, crawling, never, never falling
Bugs, bugs, bugs. Bugs, bugs, bugs.